

How To Choose A Surfing School For Your Child

Tips to choose safe surf school



Surfing is enjoyed all over the world because it is challenging yet fun and it has a lot of benefits. Even children can gain a lot from it. Paddling allows children to improve their cardiovascular fitness as well as their shoulder and back strength. As your children perfect their form when riding waves through frequent practice they will also build stronger legs and core muscles. Aside from helping your child stay fit, it is also a great way for them to spend less time in front of the computer and more time to enjoy the outdoors. Surfing is also a good outlet for stress and tension and a great way to meet new friends from different age groups and cultural backgrounds.



With the ubiquity of surf schools in Canary Islands, it can be difficult to choose. However, it is important that you learn as much as you can about the surf camp before you enroll your child. You want your child to learn surfing etiquette, form and techniques effectively and also stay safe while he or she receives instruction. Also, you want your kids to enjoy their first attempt to encourage them to consider it as a healthy hobby. Here are some tips when choosing a surf school.

Safety - One of the most important things to consider when choosing a surf school is safety. Make sure that the [Surf Camp Fuerteventura](http://www.surfcampfuerteventura.com/en/) you wish to enroll your child in has instructors and coaches that are trained and certified in basic

first aid and CPR. They should also have saving equipment like life preservers, first aid kits, and rescue boards.

Equipment - Soft boards are essential to the learning process, especially for children, so make sure that the surf camp in Canary Islands you are considering has an adequate supply of this equipment. They are much easier to control and are thus less dangerous in inexperienced hands. To know more about Surf Camp in Fuerteventura, [visit this link](#).

Instruction quality - With so many people interested in learning this sport, surf schools at Fuerteventura and other locations in Canary Islands can be packed. A good school will limit their number of students per batch to ensure that every learner receives adequate attention. In most cases, instruction prior to entering the water is done on dozens of students simultaneously, but the actual surfing lessons are done one-on-one or with two to four students at the same time. Make sure that the surf school you pick has a class specially designed for children.